

## VOLUNTEER WORK AT CANTOALAVIDA Campoalegre, Huila, Colombia

To be a volunteer at Cantoalavida Sanctuary first of all you need to have a lot of love for animals. Here we live daily with more than 50 dogs and 80 cats so there is always a lot to do, so it is also very important that volunteers have the energy and willingness to help in whatever is needed.

The activities are varied and depend on the need or urgency of the case but normally in our daily routine the tasks are:

- cleaning the dogs' feces
- organizing the dogs' and cats' rooms
- giving food 2 or 3 times a day to all the furry ones
- doing treatments to those who need it
- grooming the dogs/cats
- taking the dogs for a walk
- giving lots of cuddles

We have a core team here at the foundation so most of the tasks are done together, it is necessary that you cooperate with the team to get optimal results. In exchange for your generous help we will provide you with lodging and food consisting of a delicious VEGAN breakfast and lunch (usually lentil burger, fruit, oatmeal and juice for breakfast and soup, rice, vegetables, salad, legumes or pasta for lunch) and the ingredients for you to prepare your dinner in the evening.

A working day starts at 6.00 and ends at 16.00. After 4 pm you can relax and recharge your batteries in an environment full of nature and love, but also full of animals!

Several factors to take into account are that when living with so many animals it is normal to find hair everywhere, also barking and meowing are the bread of every hour so you can not forget the patience at home, having so many and so many different animals can cause fights and arguments between them. If you still have not stopped reading... Then this will be a wonderful place for you, full of joy and purity, where you will meet a team of people committed and passionate about the cause and enjoy the joyful and unconditional affection of the herd.

## COLLABORATION GUIDE

### WORKING HOURS

- 06.00 - 07.30 : cleaning of the common areas + food for animals
- 07.30 - 08.30 : breakfast
- 08.30 - 12.00 : treatment + cleaning of the dormitories
- 12.00 - 13.00 : lunch
- 13.00 - 16.00 : cleaning animals + daily chores in the sanctuary.

### OPENING HOURS

- Monday: 10.00 - 12.00 and from 14.00 - 16.00
- Tuesday: 14.00 - 16.00
- Wednesday: 10.00 - 12.00 and from 14.00 - 16.00
- Thursday: 14.00 - 16.00
- Friday: Closed (surgery day)
- Saturday: 10.00 - 12.00 and from 14.00 - 16.00
- Sunday: 10.00 - 12.00 and 14.00 - 16.00.

### GENERAL

- Respect the working hours.
- To give notice in case of lateness and/or absence.
- Inform relatives and friends of working hours.
- Respect other volunteers and employees.
- Listen to and observe the animals.
- Always close the doors of the sanctuary gate.
- Ensure the cleanliness of the common areas.
- Put tools away when work is finished.
- Keep work tools in order and in good condition.
- Do not waste water (always turn off the taps), electricity and products in general.
- Refrain from using chemicals and plastics for cleaning and other activities.
- To act in coherence with the principles of the sanctuary.
- Be informed and interested in the ecosystem and the use of kombucha.

## ANIMALS

- Do not take risks with animals.
- Treat animals with gentleness and respect.
- If in doubt, ask questions.
- Clean your hands frequently.
- Keep caregivers informed of what you are doing.
- Report any abnormalities.
- Do not give treats to animals.
- Do not let the public walk a dog.
- Do not put your face at the height of the dog, always stand up, even if the handler agrees.

## PUBLIC/INFORMATION

- Remain polite and courteous in all circumstances.
- On spay/neuter day, visitors are not allowed in the shelter.
- In case of questions from the public, refer the person to the caretakers.
- Do not disseminate information or photos on social media without the agreement of the foundation.
- Do not allow the public to enter the care premises, such as quarantine or enfermería.